

Department of Tourism, Govt. of Bihar www.tourism.bihar.gov.in





# Dakshinaayan Surya

- Makar Sankranti



India with its agrarian image, celebrates almost all festivals related to harvest of new crop. Makar Sanskrit also referred to as Uttarayana, Maghi, or simply Sankranti, is a Hindu celebration which spans the entire country. Coincidentally it falls on January 14 every year; maybe a variant of one day. Makar Sankranti is celebrated as a very important festival in India. Sankranti literally means "movement."

The significance of the Makar Sankranti festival is that it marks the day where there is a significant movement in the zodiac – the

arrangement of the earth's dial around the sun – and this movement brings about a new change in the way we experience the planet itself. (The Sun moves from the being "dakshinaayan" (southern hemisphere) to being "uttaraayan" (northern hemisphere) on this day in the Hindu calendar. There are many sankrantis through the year; the two significant ones being Makar Sankranti, and right opposite, after summer solstice is Karka Sankranti. In between, there are many Sankrantis – every time the zodiac sign changes, it is called a Sankranti to suggest the movement of the planet, to understand that our life is sustained and nourished by this movement. If this movement ceases, everything about us will cease.

The celebrations are marked with obeisance to the sun as well as offering of new crop to the deity (Surya). On Makar Sankranti, the Sun god is worshipped along with Vishnu and goddess Lakshmi. The festivities related to "makar sankranti" are celebrated throughout the country by different names and in different style. Makar Sankranti is Bihu in Assam, Maghi in Punjab, Saaji in Himachal Pradesh, Pongal in Tamil Nadu, Uttarayana in Gujarat, Ghughuti in Uttarakhand.

Makar Sankranti is observed with social festivities such as colourful decorations, rural children going house to house, singing and asking for treats in some areas, melas (fairs), dances, kite flying, bonfires and feasts.

On Makara Sankranti people take a holy dip in rivers, especially Ganga, Yamuna, Godavari, Krishna and Kaveri. They pray to the sun for their successes and prosperity. A shared cultural practices found amongst Hindus of various parts of India is making sticky, bound sweets particularly from sesame (til) and a sugar base such as jaggery (gud, gur, gul). This type of sweet is a symbolism for being together in peace and joyfulness, despite the uniqueness and differences between individuals.

For most parts of India, this period coincides with early stages of the Rabi crop and agricultural cycle, where crops have been sown and the hard work in the fields is mostly over. The time thus signifies a period of socializing and families enjoying each other's company, taking care of the cattle, and celebrating around bonfires, in Gujarat the festival is celebrated by flying kites.

Makar Sankranti celebrations in Bihar starts with a breakfast of yogurt (dahi), flattened rice (chura), jaggery (gur) and sweets made of sesame seeds (til). Go out on your terrace or a park and fly the kite as high as you want. And,



then at the end the day dinner is of "khichdi" with its "Chaar Yaar" (four friends) – Ghee, Papad, Dahi and Achaar.



# From the Secretary's Desk

# Happy New Year & Makar Sankranti!



With the energy of festivity round the corner here we are with our second edition of "Yayavar". During the month of December, Hon'ble Chief Minister, Shri Nitish Kumar dedicated O.P Shah Community Building at Malsalami and exhibits at Prakash Punj to the citizens of Bihar. Hon'ble Deputy Chief Minister Shri Tejashwi Prasad Yadav and Hon'ble Building Construction Department Minister Shri Ashok Chaudhary were also present on this occasion. These facilities along with Tourist Facilitation Centre, Kangan Ghat were utilized to its maximum by Sikh devotees during Prakash Parv, 2022.

Secretary, Ministry of Tourism visited Bihar and reviewed Central Sponsored Schemes and gave his valuable suggestions for exploring new avenues of growth for

Bihar Tourism.

Department's pre-budget meeting with stake holders like hotel owners and tour operators was again an enriching experience as we could gather many policy inputs from it. Many of these will bear results in coming months.

Tourism Department has taken a resolve to reorient all our product and services from tourist point of view. The first step in this direction was compilation of Guide list using which their services can be readily availed. Very soon you will find another addition here.

Inspired by success of our first meeting with prominent V-loggers of Bihar, here we experimented again. Department's engagement with Radio Jockeys of all channels and the same was chaired by Shri Santosh Kumar Mall, Principal Secretary, Department of Information Technology, Government of Bihar. We immensely benefitted by his valuable suggestions. Department seriously wants to leverage potential of Social Media for reaching out to all Bihar Travelers. We will keep making our efforts in this direction.

Once again I welcome you all to come and experience Bihar.

"आइये बिहार- जहाँ भाषा में भी है प्यार"।

Abhay Kumar Singh, I.A.S. Secretary, Department of Tourism, Government of Bihar

# From the Director's Desk



Festivals come with a whiff of nostalgia, festivals have been a part of Indian lifestyle for ages. Festival, form an important content in way of living in Bihar. Chath Puja, Holi, Id-ul-Fitr, brings back hordes of faithful for celebrations. Almost all religions practiced in the country finds link in Bihar.

Religious tourism in Bihar forms a large chunk of tourists visiting. Prakash Parv, Baudh Mahotsava, Pitrpaksh Mela, Kako Mahotsava etc organized by the Department of Tourism forms an important intervention by the government in facilitating tourist convenience. There has been an exponential increase in tourist footfall in the last few years. The circuits like Buddha Circuit, Jain Circuit, Ramayan Circuit,

Gandhi Circuit, and Adventure Tourism has seen improved connectivity, better boarding, lodging and overall good ambience.

Department of Tourism in an attempt to provide an insight into the activities of the department has made an effort to bring out a newsletter. These are baby steps and this would be followed by more information and more interactivity.

एक बार नही... बार बार देखने की चीज है बिहार

Yashaspati Mishra, I.A.S.
Director,
Department of Tourism,
Government of Bihar



# Inauguration of Exhibits at Prakash Punj





New exhibits of art and artifacts related to Sikhism were inaugurated by Hon'ble Chief Minister, Shri Nitish Kumar in august presence of Hon'ble Deputy Chief Minister, Shri Tejashwi Prasad Yadav and Hon'ble Minister, Building Construction Department, Shri Ashok Chaudhary at Prakash Punj on 21.12.2022.

# **Inauguration of OP Shah Community Building**





"OP Shah Samudayik Bhawan" the new community building was inaugurated by Hon'ble Chief Minister, Shri Nitish Kumar in the presence of Hon'ble Deputy Chief Minister, Shri Tejashwi Prasad Yadav and Hon'ble Minister, Building Construction Department, Shri Ashok Chaudhary on 21.12.2022.

# Tourist Facility Center, Kangan ghat





Fully functional Tourist Information Center was prepared for helping the tourists coming for the 354th Prakash Parv on the eve of Shri Guru Govind Singh Ji Jayanti at Kangan Ghat.



# Meeting with RJ





Tourism Department organized a unique meeting of RJ's from different radio channels. Principal Secretary, IT, Shri Santosh Kumar Mall chaired this meeting where Tourism Secretary, Abhay Kumar Singh, Director Tourism, Yashaspati Mishra and Managing Director, BSTDC Kanwal Tanuj took part in the deliberation.

# **Munger Mahotsava - 2022**



Munger Mahotsava was organized at Polo Ground on the establishment day of Munger between 12th to 14th December. It was attended by many local and national level singers and artists like Altaf Raja.

## Vanavar Mahotasava



Vanavar Mahotsava was organized on 17th December, 2022 near Vanavar caves at Jehanabad.

### **Guide Meet**



Headed by Secretary, Tourism Department, Shri Abhay Singh a Guide Meet was organized by the Tourism Department.

# **Golf Club Activity**



Department of Tourism participated in the Christmas festivities at Patna Golf Club.



# **Pre Budget Meet with Hotel Owners and Tour Operators**





With an intention to gather policy inputs, a meeting of hotel owners and tour operators was organized by Tourism Department. It was well attended by hotel owners, tour operators and senior functionaries of the Tourism Department.

#### Secretary, Government of India visit to Patna

Secretary, Ministry of Tourism, Government of India on his visit to Patna, reviewed GOI Schemes with senior functionaries of the Department of Tourism, Government of Bihar.

#### French Consulate visit to Patna



Additional Secretary, Department of Tourism, Shri Kanwal Tanuj called upon the French Consulate Mr. Adrien Blanchard at Patna. They discussed various areas of collaboration between City of Lourdes, France and Bodhgaya, Bihar, India.

#### Prakash Parv





354th Prakash Parv was organized between 27th to 29th of December, 2022 on the occasion of Shri Guru Govind Singh Ji Jayanti.





1.	The famous Buddhist travelar Hiuen Sang came to Bihar in the reign of which king?  (a) Chandragupta Maurya (b) Ashok (c) Samugragupta (d) HarshVardhan (
2.	Which fair in Bihar is related with the famous mythology of Gaj and Grah (elephant and crocodile)?  (a) Makar Mela (b) Sonepur Mela (c) Pitripaksh Mela (d) Shravani Mela
3.	In which district of Bihar Janki Temple is situated?  (a) Purnea (b) Saran (c) Sitamardhi (d) Darbhanga (d)
4.	Which date is celebrated as Shri Guru Govind Singh Ji's Janma Jayanti?  (a) 05 <sup>th</sup> Jan (b) 29 <sup>th</sup> July (c) 17 <sup>th</sup> April (d) 29 <sup>th</sup> Dec
5.	Which Mughal prince built Dargah Sharif, Mitan Ghat, Patna?  (a) Prince Khurram (b) Prince Dara (c) Prince Azim (d) Prince Shuja
6.	Where Gurudwara Handi Sahab is situated?  (a) Chandigarh (b) Pathankot (c) Danapur (d) Samastipur
7.	For which sweet Silaaw is famous?  (a) Laddoo (b) Rasgulla (c) Khaja (d) Peda
8.	Who was the first British traveler who visited Bihar?  (a) Ralph Flitch (b) A.O.Hume (c) Lord Clive (d) Jack London
9.	Which historian visited Bihar during Chandragupta Maurya reign?  (a) Al Masudi (b) I-Tsing (c) Megasthenes (d) Marco Polo (
10.	On which date Bihar Diwas is being celebrated?  (a) 1 <sup>st</sup> January (b) 14 <sup>th</sup> November (c) 22 <sup>nd</sup> March (d) 12 <sup>th</sup> September (

1-(d), 2- (b), 3- (c), 4-(d), 5-(c), 6-(c), 7-(c), 8-(a), 9-(c), 10-(c), 6-(d)



# Attraction of the month

Festivals and fairs bring joy in everyone's life, and gives an unique opportunity to get a glimpse of the place's cultural and traditional heritage. Bihar is an astounding state and is especially known for its exuberant festivals. Travelling here to witness the festive spirits, the experience is

totally out of the world. Bihar is a fascinating State with numerous monuments, temples, and historic places where traditions and rituals are deep rooted. No matter which religion or cultural event we are talking about, you'll specifically see a special zeal and excitement amongst the locals in celebrating the event.

Mahashivaratri (Night of Shiva) is a Hindu festival, celebrated all over the country with great enthusiasm. The festival falls every year around 13th night or 14th day in the

Krishna Paksha of the of Magh or Phalgun (as per Vikrama) in the Hindu Calendar. Maha Shivratri is the day to rejoice and pray to the almighty for wellness. On this day, people offer prayers to Lord Shiva and observe fasting (vrata) throughout the day. The prayers continue throughout the night of Mahashivratri and Lord Shiva's followers offer coconut, Bilva leaves, fruits and specially prepared sacred food for the occasion. Devotees light diyas throughout the night, which is a symbol of spiritual manifestation. Lord Shiva known as a 'Destroyer' or 'Transformer' according to the Hindu religion is worshiped not only in India but also in neighbouring countries like Nepal and Sri Lanka.

The Shiva temple at Singheswar, also called Singheshwarsthan, has religious significance since ancient times, as this land was the meditation place of Rishi Shringi. Hence, this place is considered to be pious. It is said that during the Ramayana period a Putreshthee Yajna was performed by Raja Dashratha and he was blessed with four sons from the prasad "Charu" of that mahayajna.

It is at Singheswarsthan, Mahashivratri Mela (which is one of the Rajkiya Mela of Bihar) is held. It is visited by lakhs of pilgrims. Sundays and Mondays are very important for the devotees. Devotees come from many places for puja. People from Nepal also come for puja here.

Surya Dev Janmotsav or Sun Festival is celebrated every year to mark the birth of the Sun God. This Magh Shukla Paksha's Anchala Saptami is celebrated with great pomp by renouncing salt on the occasion of the birth of Sun God. On the occasion of this day, many types of programs are also organized by the state government of Bihar. On the day of Basant Saptami, there is also a grand Ganga Aarti in Dev's Surya Kund pond or Brahmakund. People from every corner of the country come to see this. On this day the city of Dev celebrates the first Diwali of the year. In the night, leading artists perform and new artists are given an opportunity to show their skills.

Martand Mahotsav is organized under the joint aegis of Tourism Department and Madhubani District Administration in the premises of famous Sun Temple Parsa Dham of Jhanjharpur block. Martand Mahotsav is organized continuously on 11 February from the year 2011. In the cultural program people get an opportunity to see performance by various artistes.

In a recent initiative of the government "Vanvasi Kalyan Mahotsava" celebrated as Rohtasgarh Kila Mahotsava is providing opportunities to the local artists and craftsmen.

# **Upcoming Events**

(January 2023 to February 2023)

♦ Makar Sankranti	: 15.01.2023
→ Republic Day	: 26.01.2023
♦ Basant Panchmi/Saraswati Pooja	: 26.01.2023
♦ Maha Shivratri	: 18.02.2023